

## Castle Carvery Allergen information

This guide is provided to enable you to make your own decision on menu choice. We are unable to recommend or inform you what is suitable for you to eat. The descriptions on our menus do not include all ingredients or allergens, therefore always check the allergen guide to identify suitable dishes.

The information in this allergen guide is based on supplier specifications and recipe information. **Please be aware that this allergen information is subject to change, therefore ensure that you check it each time you visit. You will need to make sure you personally inform a Manager of your specific allergy dietary requirements, before you place your order. You need to do this every time you dine with us, even if you have previously eaten the dish.** This way we can ensure that extra attention to detail is taken when preparing your meal, in order to help prevent allergen cross-contamination.

Accompaniments and standard garnishes are included, unless specified. Items that are added as an additional self-selection choice or upgrade must be reviewed and added to the base information.

We regularly review the allergen data available to us. Although the circumstances in which a product is made, stored or packaged and distributed may change without our knowledge.

Not all products and dishes are available at all sites and are subject to change without prior warning.

### Cross-contamination:

Please be aware that in our kitchen we handle food products containing, celery, cereals containing gluten, crustaceans, eggs, fish, lupin, milk, mollusc, mustard, nuts, peanuts, sesame seeds, soya, sulphur dioxide and derivatives of these allergens. Therefore it is impossible to fully guarantee that your meal has not accidentally come into contact with an undeclared allergen.

Cooking equipment (e.g grills, fryers etc) and food preparation areas may be shared. It is possible that any fried items you select from this guide may have been cooked in the same frying oil as items containing allergens, meat and dairy dishes.

Please ask a Manager if you would like additional information regarding our cooking methods and policy. If you are concerned about allergen cross-contamination of the food you wish to order please inform a Manager.

**As part of the legislation on The Provision of Food Information to Consumers, Regulation EU 1169/2011, we only highlight allergenic ingredients if they are intentionally added to a product.**

### Cereals and Gluten:

The information in our allergen guide relating to “cereals containing gluten” is applicable to wheat, rye, barley, oats, spelt, kamut and the hybridised strains and products thereof. For identification of these specific cereals containing the gluten. Please request to see the product label/recipe.

We cannot guarantee the total absence of allergens in our dishes.

**Ve** - Vegan

**V** - Vegetarian

**NGCI** - Non Gluten Containing Ingredient

**NGCIA** - Non Gluten Containing Ingredient Alternative – See NGCI menu





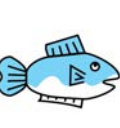
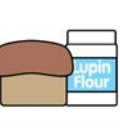




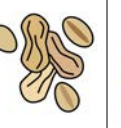

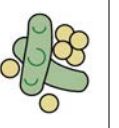

✓ - Contains  
✓ - May contain









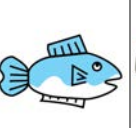
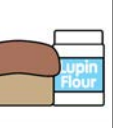




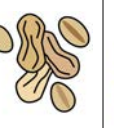

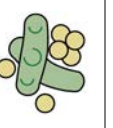

Alpen <b>V</b>		Wheat Oats					✓			Hazelnuts Almonds Nuts				
Co Co Pops <b>V</b>		Barley					✓							
Cranberry juice <b>Ve NGCI</b>														
Apple juice <b>Ve NGCI</b>														
Orange juice <b>Ve NGCI</b>														
Semi-skimmed milk <b>V NGCI</b>							✓							
Whole milk <b>V NGCI</b>							✓							

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

MAIN MENU														
Soup of The Day	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tomato and basil <b>V</b>	✓	Wheat Barley					✓		✓	Nuts		✓		
Tomato and red pepper <b>V</b>	✓	Wheat Barley					✓		✓	Nuts		✓		
Leek and potato <b>V</b>	✓	Wheat Barley					✓		✓	Nuts		✓		



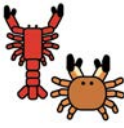

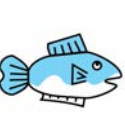
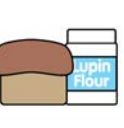



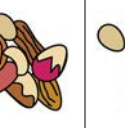
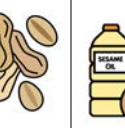

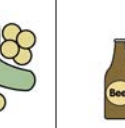

Vegetable <b>V</b>	✓	Wheat Barley					✓		✓	Nuts		✓		
Minestrone	✓	Wheat Barley		✓			✓		✓	Nuts		✓	✓	
Carrot and coriander <b>V</b>	✓	Wheat Barley					✓		✓	Nuts		✓		
Carrot and butternut squash <b>V</b>	✓	Wheat Barley					✓		✓	Nuts		✓		

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY





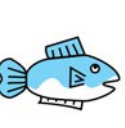









MAIN MENU														
Starters & Sharers	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Classic Prawn Cocktail <b>(NGCI with no bread)</b>		Wheat Barley	Prawns	✓			✓					✓	✓	
Crispy Garlic Mushrooms <b>V</b>		Wheat		✓					✓					✓
Crispy Battered King Prawns		Wheat	Prawns						✓				✓	
Halloumi Fries <b>V</b> <b>NGCI</b>							✓		✓	Nuts Peanuts		✓		
Garlic Bread <b>V</b>		Wheat (Barley)					✓					✓		✓
Cheese Garlic Bread <b>V</b>		Wheat (Barley)					✓					✓		✓

Chicken Goujons	✓	Wheat							✓					
Buffalo Wings NGCI							✓		✓					
Calamari		Wheat	✓	✓	✓		✓	Squid	✓					✓
Cheesy Nachos V NGCI							✓							
Cheesy Nachos with pulled pork NGCI							✓		✓					
Classic Platter		Wheat Barley		✓			✓		✓					✓
Feast Platter	✓	Wheat Barley		✓			✓		✓		✓			✓
Brie Wedges V		Wheat					✓		✓				✓	



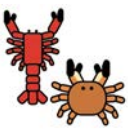











### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

MAIN MENU														
Chicken & Ribs	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Half Rotisserie Chicken (no sauce) NGCI				✓					✓					
Half Chicken (no sauce) and Ribs	✓	Wheat Barley		✓			✓		✓				✓	✓

Half Rack of Ribs	✓	Wheat Barley		✓			✓		✓				✓	✓
Full Rack of Ribs	✓	Wheat Barley		✓			✓		✓				✓	✓





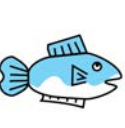
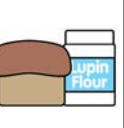


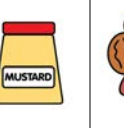
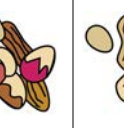
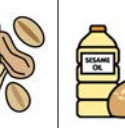
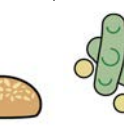
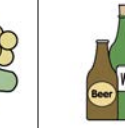

MAIN MENU														
Chicken & Ribs Sauces	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Piri Piri Sauce <b>Ve NGCI</b>														
Sweet Chilli Sauce <b>Ve NGCI</b>														
BBQ Sauce <b>Ve NGCI</b>									✓					

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY





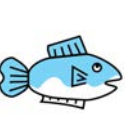
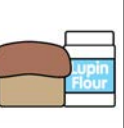


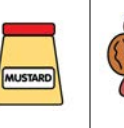
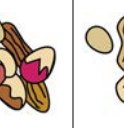
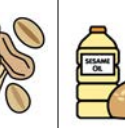
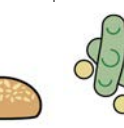
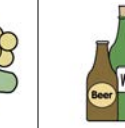

MAIN MENU														
Fish	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Traditional Cod and Chips		Wheat		✓	Cod		✓						✓	
Salmon Bernaise		Wheat		✓	Salmon		✓						✓	
Breaded Scampi		Wheat	Scampi	✓			✓		✓					

Luxury Fisherman's Pie	✓	Wheat	Prawns	✓	Haddock Salmon Cod		✓		✓				✓	✓
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### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

MAIN MENU														
Salads and Pasta	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Aberdeen Angus Beef Lasagne		Wheat Durum Wheat		✓			✓		✓				✓	
Cajun Chicken Caesar Salad		Wheat Barley		✓	Anchovy		✓		✓	Nuts		✓	✓	
Vegetable Lasagne <b>V</b>		Wheat Durum Wheat		✓			✓		✓				✓	
Cajun Salmon Salad <b>NGCI</b>					Salmon		✓							

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY



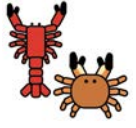

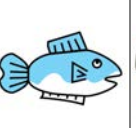
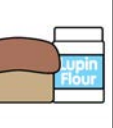


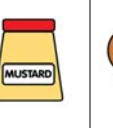
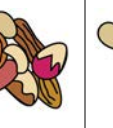

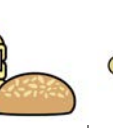
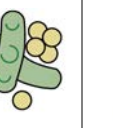

MAIN MENU														
Traditional Favourites	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Ham, Eggs and Chips <b>NGCI</b>				✓										
Chicken Tikka Masala		Wheat					✓			Nuts			✓	





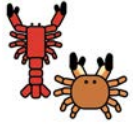

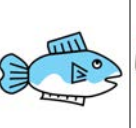
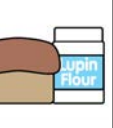


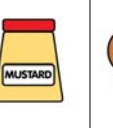
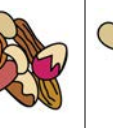


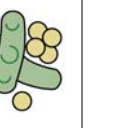



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### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

MAIN MENU														
Steak Sauces	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bearnaise sauce <b>V</b>		✓		✓			✓						✓	
Peppercorn sauce <b>V</b>	✓	Wheat Barley		✓			✓		✓					
Diane sauce <b>V</b>		Wheat Barley		✓			✓		✓					



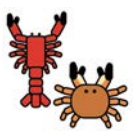

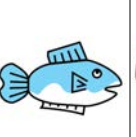
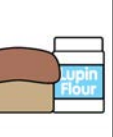



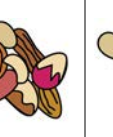


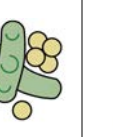

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

MAIN MENU														
Gourmet Burgers	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheese Deluxe Beef Burger <b>(NGCIA with no bun)</b>		Wheat Rye		✓			✓					✓		
C&B Beef Burger <b>(NGCIA with no bun)</b>		Wheat Rye		✓			✓					✓		
Western Burger		Wheat Rye Barley		✓			✓		✓			✓		







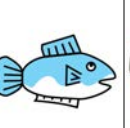
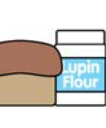




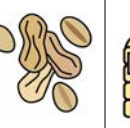

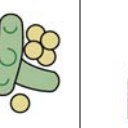

Carrots <b>Ve</b> <b>NGCI</b>														
Broccoli <b>Ve</b> <b>NGCI</b>														
Cabbage <b>Ve</b> <b>NGCI</b>														
Mashed Swede <b>V NGCI</b>							✓							
New potatoes <b>Ve NGCI</b>														
Mashed potatoes <b>V</b> <b>NGCI</b>							✓							✓
Roast potatoes <b>Ve NGCI</b>														✓
Parsnips		Wheat												
Cauliflower cheese <b>V</b>	✓	Wheat		✓			✓		✓				✓	

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

MAIN MENU														
Carvery Meats	Celery	Cereals	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur



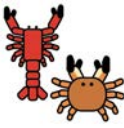

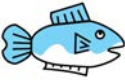
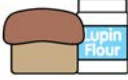








		containing gluten										seeds		Dioxide
Pork <b>NGCI</b>														
Lamb <b>NGCI</b>														
Gammon <b>NGCI</b>														
Turkey <b>NGCI</b>														
Beef <b>NGCI</b>														
Pigs in blankets		Wheat												✓
Cocktail sausages		Wheat							✓				✓	✓

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY






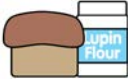








MAIN MENU														
Carvery Pies	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Steak and Ale Pie		Wheat Barley		✓			✓						✓	✓
Steak and Kidney Pie		Wheat Barley		✓			✓						✓	✓
Steak and Stilton Pie		Wheat Barley		✓			✓						✓	✓

Turkey and Gammon Pie		Wheat Barley		✓			✓						✓	
Spiced Vegetable Tart <b>V</b>	✓	Wheat					✓							✓
Spiced Vegetable Tart without cheese <b>Ve</b>	✓	Wheat					✓							✓

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

MAIN MENU														
Carvery Vegetarian Options	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Nut Roast <b>V</b>		Wheat		✓			✓			Nuts Almonds Walnuts Hazelnuts	Peanuts	✓		
Meat free sausages <b>V</b>		Wheat					✓		✓					





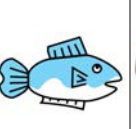
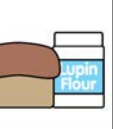






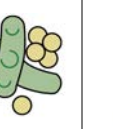

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

MAIN MENU														
Carvery Extras	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Yorkshire Puddings Homemade <b>V</b>		Wheat		✓			✓		✓				✓	



Coleslaw <b>V</b> <b>NGCI</b>				✓										
Fried Mushrooms <b>Ve</b> <b>NGCI</b>														
Chef's Vegetables <b>Ve</b> <b>NGCI</b>														
Mixed Salad <b>Ve</b> <b>NGCI</b>								✓						
Caesar Salad		Wheat Barley		✓	Anchovy		✓	✓	Nuts		✓	✓		
Garlic Bread <b>V</b>		Wheat Barley					✓				✓			✓
Cheese Garlic Bread <b>V</b>		Wheat Barley					✓				✓			✓
Spicy Potato Wedges <b>Ve</b> <b>NGCI</b>														
Sweet Potato Fries <b>Ve</b> <b>NGCI</b>														















### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

DESSERTS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Syrup Sponge Pudding <b>V</b>		Wheat		✓			✓			Nuts	Peanuts		✓	





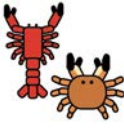

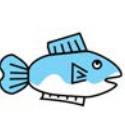
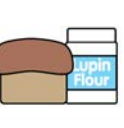



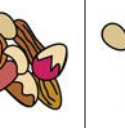
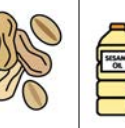

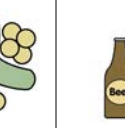

Gluten Free Syrup Sponge Pudding <b>V</b> <b>NGCI</b>				✓				✓			Nuts			✓	
Sticky Toffee Pudding <b>V</b>		Wheat		✓				✓			Nuts	Peanuts		✓	
Jam Sponge Pudding <b>V</b>		Wheat		✓				✓			Nuts	Peanuts			
Apple Pie <b>V</b>		Wheat						✓							
Fruit Crumble <b>V</b>		Wheat		✓				✓						✓	

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

DESSERTS														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Ice Cream Sundaes														
Choc & Nut Fudge Sundae <b>V</b>		Wheat		✓			✓			Nuts Walnuts Almonds	Peanuts		✓	
Banoffee Basket <b>V</b>		Wheat		✓			✓						✓	
White Choc & Mallow Sundae		Wheat		✓			✓						✓	
Eton Mess Sundae <b>V</b>		Wheat		✓			✓						✓	
Trio of Ice Cream <b>V</b>		Wheat		✓			✓						✓	

Choc-O-Lot Challenge		Wheat					✓						✓	✓
Oreo Cookie Sundae <b>V</b>		Wheat		✓			✓						✓	
Vegan Vanilla Ice Cream <b>Ve</b>														






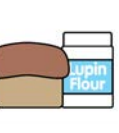


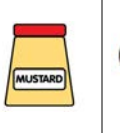
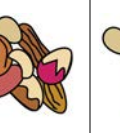
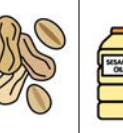
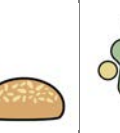
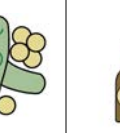

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

DESSERTS														
Patisserie	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Carrot Cake <b>V</b>		Cereals Wheat		✓			✓			Tree Nuts Walnuts May contain other nuts		✓		✓
Chocolate Fudge Obsession <b>V</b>		Cereals Wheat		✓			✓			Nuts Tree Nuts Almonds Hazelnuts Pecan Nuts Pistachio	Peanuts	✓	✓	
Rhubarb and Custard Cake <b>V</b>		Wheat		✓			✓			Tree Nuts				
Passionfruit and Coconut Meringue Tartlet <b>V</b>		Cereals Wheat		✓			✓			Tree Nuts Hazelnuts Almonds Walnuts Pecan Nuts Cashews Brazil nuts Pistachio Macadamia			✓	



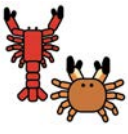


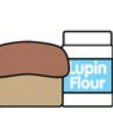






										Queensland				
Chocolate Salted Caramel Torte		Cereals Wheat Barley		✓			✓			Tree Nuts Hazelnuts Almonds Walnuts Pecan Nuts Pistachio	Peanuts		✓	
Crème Brûlée Cheesecake		Oats		✓			✓			Tree Nuts Hazelnuts Almonds Walnuts Pecan Nuts	Peanuts			
Gingerbread Cookie Dough Cheesecake		Cereals Wheat Barley		✓			✓							
Sticky Ginger Cake <b>NGCI</b>				✓			✓			Tree Nuts Hazelnuts Almonds Walnuts Pecan Nuts Pistachio				
Chocolate and Orange Cake (Ve with vegan ice cream only)		Cereals Wheat		✓			✓			Tree Nuts Hazelnuts Almonds Pecan Nuts Pistachio			✓	
White & Dark Chocolate Cheesecake		Cereals Wheat		✓			✓			Tree Nuts			✓	
Banana & Custard <b>V NGCI</b>							✓							
Fresh Strawberries & Cream <b>V NGCI</b>							✓							

Baked Strawberry Cheesecake		Wheat		✓			✓			Nuts	Peanuts		✓	
Lemon Meringue Pie <b>V</b>		Wheat Cereals		✓			✓			Nuts	Peanuts	✓		✓
Salted Caramel Fudge Cake <b>V</b> ( <b>Ve with vegan ice cream and no chocolate sauce</b> )		Wheat		✓			✓			Nuts	Peanuts		✓	
Rocky Road Cake		Wheat Barley		✓			✓			Nuts			✓	
Cookie Dough Salted Caramel Pie		Wheat		✓			✓			Nuts			✓	
Louts Biscoff Cheesecake <b>V</b>		Wheat					✓						✓	
Raspberry and White Chocolate Brulee Cheesecake		Wheat Oats		✓			✓			Almonds Hazelnuts Walnuts Pecan Macadamia	Peanuts		✓	
Cookies and Cream Pie		Wheat Cereals Oats Graham		✓			✓			Almonds Hazelnuts Walnuts Pecan Macadamia	✓		✓	
Honeycomb Golden Nugget Cheesecake <b>V</b>		Wheat Barley Rye Oats Bran		✓			✓			✓			✓	✓



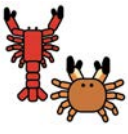


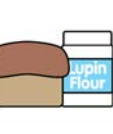








Some desserts can be gluten free without a wafer or cookie pieces. Please ask your server for details.

Non Gluten Containing Ingredient Desserts														
Desserts	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fresh Strawberries & Cream <b>V NGCI</b>							✓							
Fresh fruit salad <b>Ve NGCI</b>														
Eton Mess Sundae <b>V NGCI</b> (no wafer)				✓			✓							
Banana & Custard <b>V NGCI</b>							✓							
Choc & Nut Sundae (no wafer) <b>V NGCI</b>							✓			Nuts Walnuts Almonds	Peanuts		✓	
Syrup Sponge Pudding <b>V NGCI</b>							✓			Nuts			✓	
Trio of Ice Cream <b>V NGCI</b> (no wafer)							✓						✓	

DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

LIGHT BITES MENU														
Nibbles and Sharers	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cheesy Nachos V <b>NGCI</b>							✓							
Cheesy Nachos with pulled pork							✓		✓					
Loaded Fries V		Wheat		✓			✓		✓					
Dirty Loaded Fries		Wheat Barley					✓		✓				✓	✓
Spicy Potato Wedges and Dips V <b>NGCI</b>							✓		✓					
Classic Platter		Wheat Barley		✓			✓		✓					✓
Feast Platter	✓	Wheat Barley		✓			✓		✓			✓		✓

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

LIGHT BITES MENU														
Sandwiches	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Farmhouse Cheddar and Onion Chutney V		Wheat Barley					✓		✓			✓	✓	



## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

LIGHT BITES MENU														
Cold Filled Baguettes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Farmhouse Cheddar and Onion Chutney white <b>V</b> (With Granary)		Wheat Barley  (Wheat) (Barley)					✓  (✓)		✓  (✓)			✓  (✓)		
Prawns & Marie Rose Sauce white (With Granary)		Wheat Barley  (Wheat) (Barley)	Prawns   (Prawns)	✓  (✓)			✓  (✓)		✓  (✓)			✓  (✓)		
Carvery Roast Ham and Farmhouse Cheddar white (With Granary)		Wheat Barley  (Wheat) (Barley)					✓  (✓)		✓  (✓)			✓  (✓)		
Tuna Mayonnaise white		Wheat Barley		✓	Tuna				✓			✓		





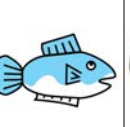
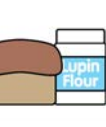




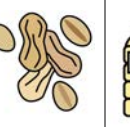

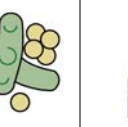







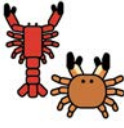






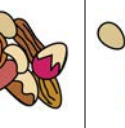
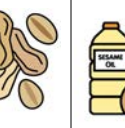

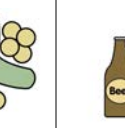

		(Barley)					(✓)		(✓)			(✓)		
--	--	----------	--	--	--	--	-----	--	-----	--	--	-----	--	--

Pulled Pork white		Wheat Barley					✓		✓			✓		
(With Granary)		(Wheat) (Barley)					(✓)		(✓)			(✓)		



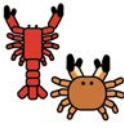

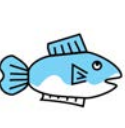
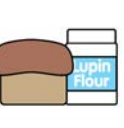



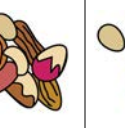
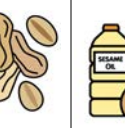

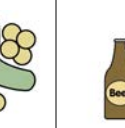

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

LIGHT BITES MENU														
Jacket Potatoes	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Farmhouse Cheddar <b>V</b> <b>NGCI</b>							✓		✓					
Baked Beans <b>V</b> <b>NGCI</b>							✓		✓					
Prawns & Marie Rose Sauce <b>NGCI</b>			Prawns	✓			✓		✓					
Tuna Mayonnaise <b>NGCI</b>				✓	Tuna		✓		✓					
Coleslaw <b>V</b> <b>NGCI</b>				✓			✓		✓					

## DISHERS AND THEIR ALLERGEN CONTENT - CASTLE CARVERY



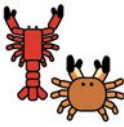

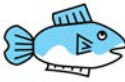
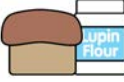








KIDS' MENU														
Starters	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tomato Soup <b>V</b>	✓	Wheat Barley					✓		✓			✓		
Prawns with Seafood Sauce Dip <b>NGCI</b>			Prawns	✓										
Garlic Bread <b>V</b>		Wheat Barley					✓					✓		✓

## DISHERS AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

KIDS' MENU														
Smaller Appetite Meals (u7s)	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Turkey Dinosaurs		Wheat					✓							
Cheese and Tomato Pizza <b>V</b>		Wheat					✓							





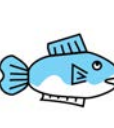
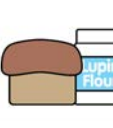








Pork Sausages in a Yorkshire		Wheat Barley		✓			✓		✓				✓	✓
Beefburger (Halal)		Wheat										✓	✓	✓
Cheeseburger (Halal)		Wheat					✓					✓	✓	✓
100% Cod Fish Fingers		Wheat			Cod									
Chicken Nuggets	✓	Wheat		✓			✓							✓

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY





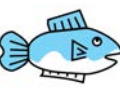
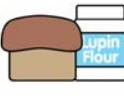








KIDS' MENU														
Larger Appetite Meals (u10s)	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pork Sausages in a Yorkshire		Wheat Barley		✓			✓		✓				✓	✓
1/4lb Beefburger (Halal)		Wheat										✓	✓	✓

1/4 lb Cheeseburger (Halal)		Wheat					✓					✓	✓	✓
Chicken breast burger		Wheat										✓		
Gammon, Egg and Chips <b>NGCI</b>				✓										
Large Chicken Nuggets	✓	Wheat		✓			✓							✓
100% Cod Fish Fingers		Wheat			Cod									
Tomato Pasta and Garlic Bread		Wheat Durum Wheat Barley					✓					✓		✓

### DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

KIDS' MENU														
Desserts	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Kids Brownie		Cereals Wheat		✓						Tree Nuts Hazelnuts Almonds Walnuts Pecan Nuts	✓		✓	
DIY Chocolate Mallow Sundae		Wheat		✓			✓						✓	
Vanilla Ice Cream <b>V</b>		Wheat		✓			✓						✓	
Bananas & Custard <b>V NGCI</b>							✓							

## DISHES AND THEIR ALLERGEN CONTENT - CASTLE CARVERY

KIDS' PARTY MENU														
Kid's Party	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Party Chicken Nuggets	✓	Wheat		✓			✓							✓
Party Burger (Halal)	✓	Wheat										✓	✓	✓
Party Turkey Dinosaurs	✓	Wheat					✓							
Party Fish Fingers	✓	Wheat			Cod									
Party Strawberry Mousse <b>V NGCI</b>							✓							